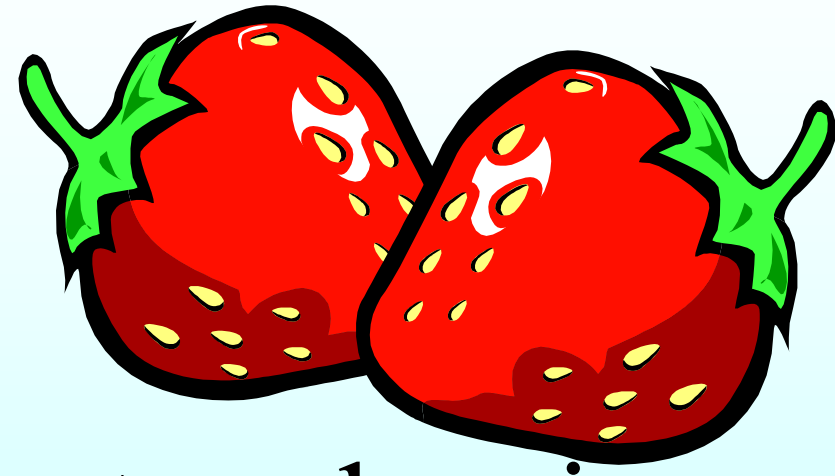


FOODS TO IMPROVE BRAIN FUNCTIONING



bran



strawberries



cranberries



wheat
germ

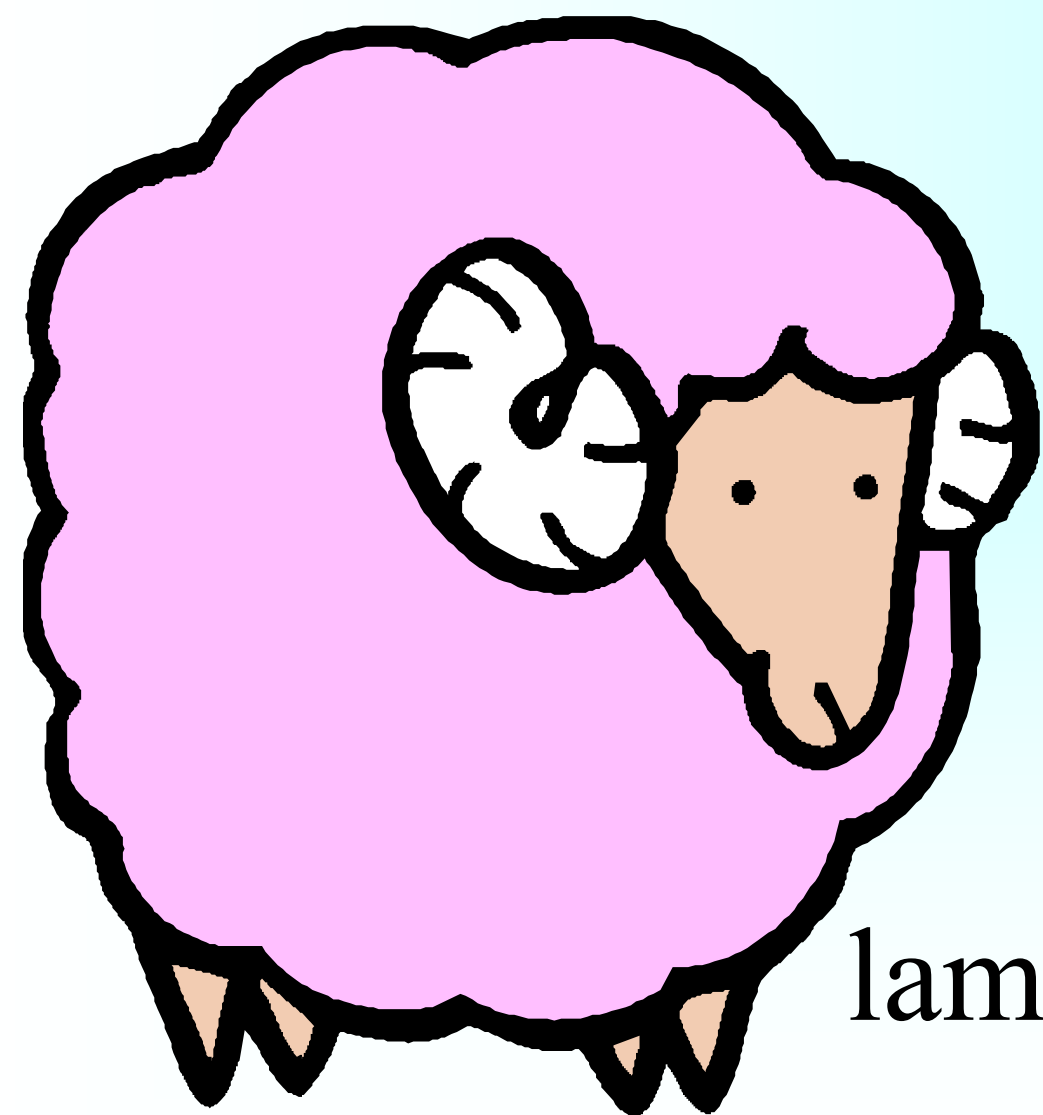


spinach

Food for Thought



kidney
beans



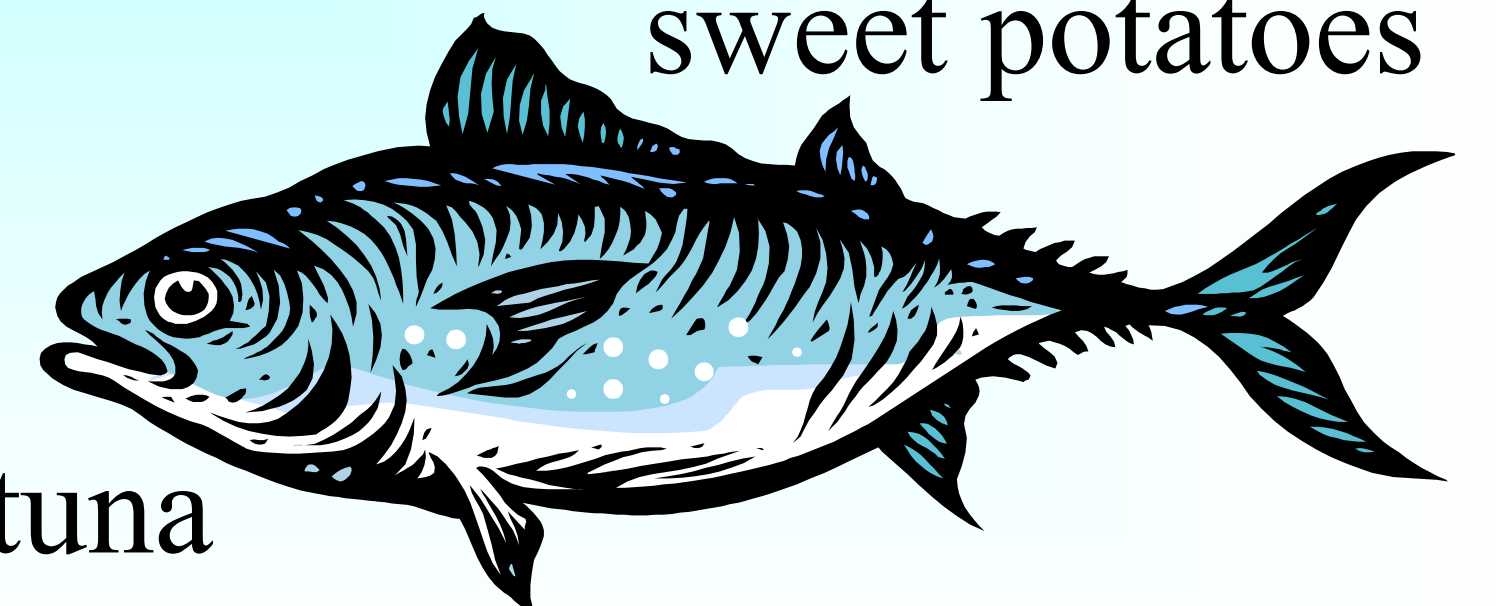
lamb loin



egg yolks



sweet potatoes



tuna