

SOME CAUSES OF FAILURE

- **UNWILLINGNESS TO DELAY GRATIFICATION**
- **PROCRASTINATING**
- **LOW TOLERANCE FOR FRUSTRATION**
- **UNWILLING TO FOLLOW THROUGH**
- **AVOIDING RISK**
- **TAKING UNNECESSARY RISK**
- **BEING UNORGANIZED**
- **POOR EATING HABITS**
- **SEDENTARY LIFESTYLE**
- **FEARING FAILURE**
- **FEARING SUCCESS**