

The Hero's Journey

I. Departure

1. call to adventure
2. refusal of the call
3. supernatural aid
4. crossing the first threshold
7. in the belly of the whale

II. Initiation

1. road of trials
2. meeting the goddess
3. woman as temptress
4. atonement with the father
5. apotheosis
6. ultimate boon

III. Return

1. refusal of the return
2. magic flight
3. rescue from without
4. crossing of the return threshold
5. master of the two worlds
6. freedom to live



FROM: Campbell, Joseph. *The Hero with a Thousand Faces*.
New York: Pantheon Books, 1949.