

# Jonah Syndrome

## FEAR OF SUCCESS

"... from trying to understand why peak experiences are ordinarily transient and brief.... The answer becomes clearer and clearer. *We are just not strong enough to endure more!* It is just too shaking and wearing. So often



people in such ecstatic moments say, 'It's too much,' or 'I can't stand it,' or 'I could die....' Delirious happiness cannot be borne for long. Our organisms are just too weak for any large doses of greatness...."

### QUOTED FROM:

Maslow, Abraham. *The Farther Reaches of Human Nature*. New York: The Viking Press. 1971.

*What do  
you think?*