

# Learning to Publicly Speak

- Practice saying things about **OBJECT X**.
- For things to say, use phrases like *parts of X, characteristics of X, uses of X*, etc.
- Change objects and continue to practice.
- Practice saying things about **IDEA Y**.
- For things to say, use phrases like *examples of Y, instances of Y, consequences of Y*, etc.
- Change ideas and continue to practice.
- Practice saying things about **EVENT Z**.
- For things to say, use phrases like *causes of Z, effects of Z, solutions to Z*, etc.
- Change events and continue to practice.
- **REGULARLY PRACTICE IN FRONT OF PEOPLE.**