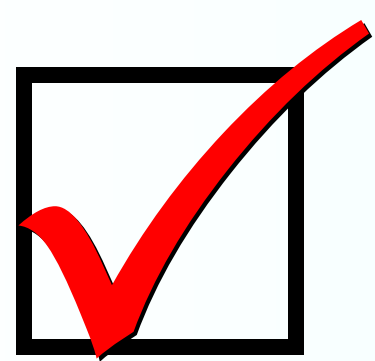

Daily To Do's

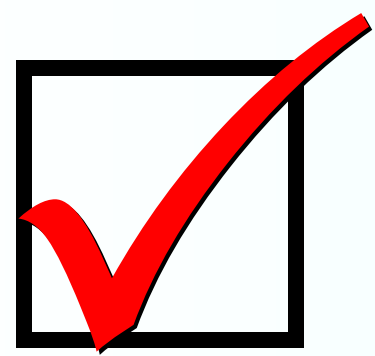
EITHER PRINT OR ELECTRONIC



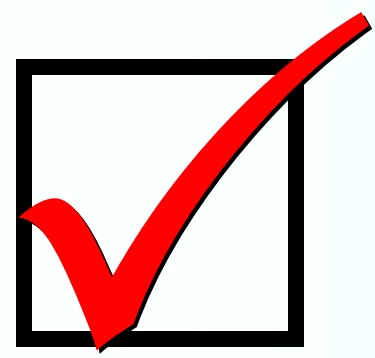
set goals for the day



prioritize your goals



make specific goals



make measurable goals



amend goals if necessary

*Sleep well with a completed
daily To Do list.*
